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WOW!

The Land of Z

Thursday June 6, 2013
Frederik Meijer Gardens & Sculpture Park

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Unusual weather we’re having, ain’t it?
— The Cowardly Lion
Rising Need
As the Baby Boom generation ages, the number of older adults will far surpass other demographics. There are nearly two million seniors in the state of Michigan – 70,000 in Kent County alone.

Growing Cost
The advanced care needs for an aging population is expensive. As these costs rise, government programs and insurance companies are cutting back.

Changing Process
No one is exempt from the impact of aging. Providers are creating exciting models for care in response to new regulations and new realities. Seniors and their families are participating actively to define the care they need and want.

Porter Hills
The good news is that West Michigan is well positioned to handle aging with grace. We are incredibly fortunate to live in a community that already has so many assets in place. Most importantly, Porter Hills is proud to serve as a leader in the care for older adults.

Today, we invite you to continue the journey with us as a growing community of friends and partners who are committed to the future of aging. We welcome you to imagine what we can do together.

Thursday June 6, 2013
Frederik Meijer Gardens & Sculpture Park • 1000 East Beltline SE, Grand Rapids, MI

Individual Ticket $150* • Porter Hills Residents $125*

6:00 P.M.  
Cocktails and Hors d’oeuvres served
7:00 P.M.  
Commemorate June 6, 1944
7:15 P.M.  
Dinner
Journey through The Land of OZ

Festive attire of rainbow colors or of your favorite OZ character.
Complimentary valet parking.

The magical story of OZ is an epic tale of the journey of four friends in search of their heart’s desire. Along the way, these four companions find that their quest is actually the road they have chosen to take together.

Today, the Porter Hills Foundation invites you, our friends, to join us on our epic journey to OZ. Together, with courage, heart and mindfulness, we will support our Benevolence Fund, assisting residents who have outlived their financial resources.

We will be traveling with extraordinary friends of the performing arts, including:
Kelly Carey • Tim Cusack • Girls Choral Academy • Jeremiah Postma
Music Director, Wright McCargar

*785 per ticket is tax deductible  For more information, please call 616-949-4975 ext. 20434.

www.porterhills.org  616.949.4975  Impact  2  Impact  3
Tribute to Mildred L. Nims
1923 - 2012

Millie Nims made Porter Hills her home for a dozen years. She maintained a healthy lifestyle in retirement, developed throughout a long career in nursing. Millie graduated from Battle Creek Community Hospital School of Nursing and worked as an orthopedic registered nurse in Chicago and Northwest Indiana. She followed the principles of the Florence Nightingale Pledge administered as the oath of modern nursing.

Mildred Nims was preceded in death by her husband of many years, Bert Nims, and her entire family. She was a beloved volunteer and dedicated to helping others. Millie was deeply committed, faithful, and generous in her own quiet and steadfast way.

Typical of how Millie used her time was volunteering at a food pantry twice a week. She helped purchase an elevator so that persons with disabilities could use the church basement and she made her financial contribution without any expectation of recognition. Millie faithfully attended Vespers and donated a new organ to the chapel. She designed and made a collection of beautiful handmade needlepoint seat cushions as a gift for the new Porter Hills library. Her gift to the Benevolent Fund at Porter Hills is one of the lasting legacies she leaves behind.

Endowment for Benevolence Care

The Porter Hills Foundation General Benevolent Fund and other Named Endowment Funds for benevolence care help those experiencing financial difficulty to remain in residency in an appropriate Porter Hills setting with access to an array of services, while being fiscally responsible.

Current benevolent care assistance requires about $600,000 per year. Generous gifts from individuals and businesses support this program.

Our goal is to build the endowment fund to offset benevolent care needs for future generations. We invite you to join our mission of serving an older population that has depleted their assets through no fault of their own.

To make a gift for benevolence care or for more information, please contact:

Stephanie Neal
Director of Major and Planned Gifts,
616.309.1035
sneal@porterhills.org.

The Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

Benevolence

Benevolence is a disposition to do good;
1. a : an act of kindness
b : a generous gift.

www.merriam-webster.com/dictionary/benevolence
**June**

**Porter Hills Foundation**

*Where in the world?*

- **Thursday June 6, 2013**
  - Frederik Meijer Gardens & Sculpture Park
  - **Individual Ticket $150**
  - **Porter Hills Residents $125**
  - 6:00 p.m. Cocktails and Hors d’oeuvres served
  - 7:00 p.m. Commemorate June 6, 1944
  - 7:15 p.m. Dinner, Journey through The Land of OZ

Proceeds from the event will support our Benevolence Fund, assisting residents who have outlived their financial resources.

For tickets, please call Evie at 616-949-4975 ext. 20434.

**A Taste of The Islands**

Are you seriously considering a move to Cook Valley Estates? If so, please join us for a casual dinner with your future neighbors!

- **When:** June 26, 2013, 5 p.m.
- **Where:** Cook Valley Estates, Dining Room 1049 East Paris SE, Grand Rapids, MI
- **RSVP:** Please R.S.V.P. by calling 616-464-2675. Limit two individuals per reservation. Special dietary requests granted.

**July**

- **4th** Independence Day
- **21st** National Ice Cream Day
- **28th** Parents Day

**Notable Dates**

- **1st** May Day
- **5th** Cinco de Mayo
- **6th** National Nurses’ Day
- **14th** Mother’s Day
- **18th** Armed Forces’ Day
- **27th** Memorial Day
- **14th** Flag Day
- **16th** Father’s Day
- **21st** Summer Solstice (Longest day of the year)

**Avenues by Porter Hills**

You are cordially invited to a presentation about the rest of your life, and how *Avenues by Porter Hills* can help you stay in the comfort of your own home.

Please register for one of the events below by calling LouAnn at 616-309-1033, or visit our website at [avenuesbyph.org](http://avenuesbyph.org).

**Respecting Choices Advance Care Planning**

This informational FREE seminar is a MUST for you, your parents, and all loved ones.

- Understand your rights when receiving healthcare
- Understand your right to accept or refuse medical choices
- Understand the importance of talking about your choices to your physician, other health professionals, and those close to you
- Key information regarding Respecting Choices, advance care planning, end-of-life care, and more

**When:** Tuesday, May 21, 2013 at 11:30 a.m.
- **Where:** Frederik Meijer Gardens & Sculpture Park
  - Foundation Room
  - 1000 East Beltline Ave NE, Grand Rapids

**RSVP:** Please R.S.V.P. by May 8th to Kelly at 616-887-8891 x103

Looking for more events?

Keep up with where we will be and what’s new by visiting our website or our Facebook page!
Cook Valley Estates

JoAnn Abraham, Vice President Sales and Marketing

Next time you are driving down East Paris and notice the beautiful campus of Cook Valley Estates, why not take a moment to drive through? If you know about Cook Valley Estates but have never visited, it will surely be a treat. Nestled amidst trees, a peaceful wetland, and a park-like environment, our homes, town homes, and apartment building are an often unexpected statement of a gracious retirement community.

For over twelve years Cook Valley Estates has offered a neighborhood setting giving residents maintenance free living, yet still feeling “at home.” A long list of exceptional services and amenities is second only to the peace of mind and security living with us provides. Not to mention the wonderful neighbors and friends who live with us.

Everyone knows Steve!

Steve Jones, Sales Associate, has been with Cook Valley Estates since the beginning. He has developed great relationships with all of our residents and is happy to assist anyone interested in our property, our services and our lifestyle.

Right now we have the unique opportunity to offer a few properties for residence. If you or someone you know is thinking about planning your retirement lifestyle, now is a great time. Call Steve at 464-2675 and think about attending “A Taste of the Islands” where you can meet the residents and experience Cook Valley Estates firsthand.

WOW! Porter Hills Recipient of Distinguished Awards and Appointment

Pillar Award

On March 21st, Porter Hills was honored to receive the annual Pillar Award from the Women’s Resource Center. This prestigious award is given to employers who empower women at work with policies designed to recruit, retain and advance women in their workplace.

These companies are “pillars” to working women and help the Women’s Resource Center fulfill its mission to “improve women’s workplaces and economic opportunities.”

Larry Yachcik appointed to Governor Snyder’s Long Term Care Supports and Services Advisory Commission.

This 17-member commission provides quality assurance reviews of Michigan’s long-term care system. Anyone who knows or works with Larry is aware of the depth of his understanding and knowledge of our industry. The vision, innovation, and creativity he brings to our organization are unparalleled. It is no wonder that Governor Snyder has made this decision.

“These appointees bring valuable experiences to this board, and I appreciate their willingness to serve the people of Michigan in these roles,” said Snyder.

We are very proud of Larry and wish him well as a leader in helping Michigan set new policies and direction for long term care services.

Larry Yachcik

Vice President

Sales & Marketing
I’m a Google lover. I go to Google several times a day to get information. When I sat at my computer to write this article I went to Google and typed in “the need for long term care.” Having several sites to choose from, I went to those that I feel are credible – AARP, MetLife, and Medicare. At the longtermcare.gov site I found statistics that represent what people need to consider as they plan for long term care needs (see sidebar). This is what I share at information luncheons for people that want to learn about Avenues by Porter Hills.

At a recent luncheon I met Joan Hamann, a decisive and energetic woman who was convinced after attending the meeting that Avenues was right for her. A few days later I met with Joan and one of her sons to review Avenues in more detail. The element of Avenues that appealed most to Joan is knowing she will be able to remain in her home as she ages. Joan is not alone in her desire, AARP reports that 89 percent of people age 50 and older say they would prefer to remain in their home indefinitely. Does this sound like you?

This year, our Where in the World event will travel to the Land of OZ. We specifically chose OZ because it’s a story about the journey of four friends – four friends who found all that they were looking for because they traveled together.

So goes the story of Porter Hills.

We are able to do all that we do – from residential living and at-home programs to rehabilitation care, innovative healthcare and wellness programs – because we do it all in unique collaborative relationships we’ve developed with key trusted partners.

We collaborate to bring out the best in West Michigan.

Creating connections is critical. That’s why Porter Hills has always embraced a collaborative approach to quality care. Where each provider specializes in what they do best, where we share successes and bridge gaps from one service to the next, we give people access to the best quality care and wellness.

We are very proud of our work and the work of our friends and partners. We are very honored to serve seniors and their families – today and far into the future.

“I built my home ten years ago and love it. I never want to move. When I attended a meeting about Avenues by Porter Hills, I knew it was the perfect program for me.”

- Joan Hamann  
Member since 2012

Would you like to learn how Avenues by Porter Hills provides a way to stay in your home, proactively help you attain optimum health, and protect your assets?

If so, join us for lunch at the Grille at Watermark on May 13, 14 or 21 at 11:30 a.m. To make a reservation call me at 616-309-1033 or go to our website, avenuesbyph.org

LouAnn Shawver  
Director of Sales  
Avenues by Porter Hills

Michelle McIsaac  
Vice President  
Porter Hills Foundation

Michelle McIsaac  
Vice President  
Porter Hills Foundation
Visit our campus and meet your future neighbors.

Enjoy A Taste of the Islands from Martha’s Catering.

For those who are seriously considering a move to Cook Valley Estates, this June we are offering an opportunity to enjoy a casual dinner experience with residents.

Ask them what they love about the carefree lifestyle at Cook Valley Estates.

If you’ve been thinking about moving to Cook Valley Estates, now is the time. We have a few homes and town homes immediately available. This is an extremely rare opportunity!

More information about this event for future residents of Cook Valley Estates is available on page 7.